Your subscription to NCM® gives you access to every new feature and content change in the 2011 update. All your customizations—sticky notes, highlighting, and formulary—are available in the 2011 update.

Site Changes

New COMBINED Client Ed/Meal Plans section!
- Combined sections make finding Client Education materials easier.
- Click either the Client Ed/Menus tab at the top or in the navigation bar at the top.
- In this newly combined section, you will find an updated Meal Plan Crosswalk with links to all available client education handouts.

New Normal Nutrition section!
- NEW General/Healthful Nutrition information and client education handout. This section provides information on Background for Professionals and Standards for Planning.

New Resource section organization!
- Normal Nutrition
  - Cultural Food Practices
  - Dietary Guidelines for Americans (UPDATED)
  - Eating Right Handouts
  - Energy Metabolism
  - MyPlate—Food Guidance (NEW!)
  - Water and Fluids
- Drug-Nutrient Interactions
- Malnutrition Coding (UPDATED)
  - Coding for Obesity
  - Obesity
  - Malnutrition
  - Coding Terms
  - Malnutrition Criteria
- Nutrition Support
- Medical Nutrition Therapy (MNT)
- Nutrition Care Process
  - Nutrition Screening
  - Nutrition Interventions
• Ordering Nutrition Prescriptions (UPDATED)
  o Ordering Nutrition Prescriptions
  o Nutrition Prescription FAQs
  o Registered Dietitian (RD)
  o Dietetic Technician Registered (DTR)
  o Levels of Autonomy
  o Guidelines Commonly Used in Prescribing Diet Orders
  o Liberalized Diets
• Spanish Language Resources

NEW Sections

• Normal Nutrition
  o General/Healthful Nutrition
  o Links to Normal Nutrition Topics:
    ▪ Pregnancy
    ▪ Lactation/Breastfeeding
    ▪ Aging and Nutrition
    ▪ Oral Health
    ▪ Sports Nutrition
    ▪ Vegetarian Nutrition

• Advanced Diabetes Practice (found in Diabetes>General Guidance)

• Developmental Disabilities
  o General Guidance and Resources
  o Autism Spectrum Disorders
  o Cerebral Palsy
  o Down Syndrome
  o Prader-Willi Syndrome
  o Spina Bifida
  o Other Syndromes and Disorders
    ▪ Fragile X
    ▪ Inherited Metabolic Disorders
    ▪ Rett Syndrome

• Modified Consistency (found in newly named Dysphagia/Modified Consistency)
  o Clear Liquids
  o Full Liquid Information
  o Pureed Foods
  o Mechanically Altered Foods
  o Soft Foods

Updated Sections and Content

• NEW Spanish versions of Client Education materials, including General/Healthful Nutrition; Fat-Restricted Nutrition Therapy; Pulmonary Nutrition Therapy; High-Calorie, High-Protein Nutrition Therapy; and others.
• Diabetes—Your premiere resource for diabetes information! New section organization and updated guidelines from the ADA Evidence Analysis Library (EAL) and American Diabetes Association.
  o General Guidance
    ▪ Advanced Diabetes Practice (NEW!)
    ▪ Carbohydrate Counting
    ▪ Choose Your Foods for Diabetes
    ▪ Glucose Testing
    ▪ Glycemic Index
    ▪ Reactive Hypoglycemia
    ▪ Gastroparesis
    ▪ Goal Setting and Education
  o Prediabetes
  o Type 1
  o Type 2
  o Gestational Diabetes (GDM)

• Dysphagia/Modified Consistency
  o Dysphagia
    ▪ Level 1 Pureed
    ▪ Level 2 Mechanically Altered
    ▪ Level 3 Advanced
  o Modified Consistency (NEW!)
    ▪ Clear Liquids
    ▪ Full Liquids
    ▪ Pureed Foods
    ▪ Mechanically Altered Foods
    ▪ Soft Foods

• Renal
  o Chronic Kidney Disease—updated Client Education handout
  o Kidney Stones—updated Client Education handout