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Nutrition Care Manual®

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Pediatric Nutrition Care Manual®

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Inside NCM®

Centralized Nutrition Resources for Evidence-Based Practice

Summer 2022

A Special Message from Our Editor-in-Chief



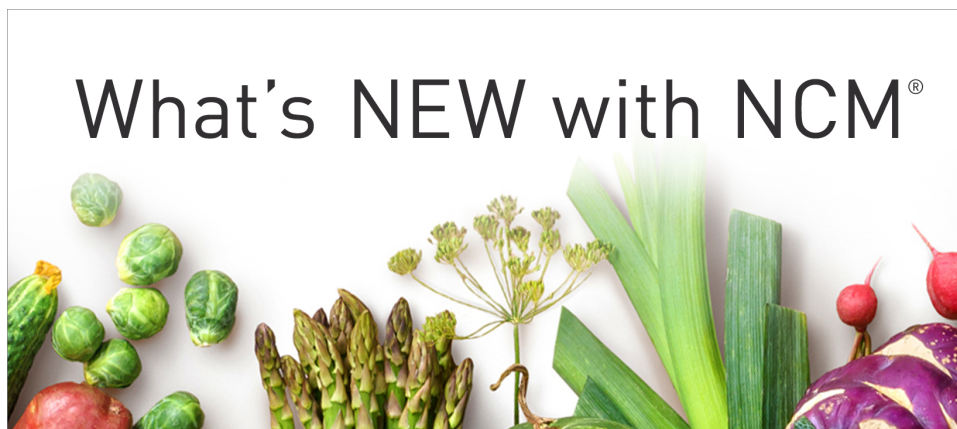
I'm excited to introduce the second edition of Inside NCM®, a newsletter for all three Nutrition Care Manuals®. I'm Aída Miles and I've been the Editor-in-Chief for the PNCM® for almost 2 years. For over 30 years, I have referred to the NCM® products for evidence-based nutrition recommendations to inform my practice. I've seen research on pediatric nutrition grow exponentially, and the Academy has continued to translate new evidence into practice applications through these valuable NCM® tools.



In this issue of Inside NCM® we're sharing exciting news about the frequency of updating the NCM® products. Whereas we used to release all updates once a year, we will now release rolling updates throughout the year when ready. Additionally, we're sharing the progress we have made in providing you with a wealth of information about different cultural and ethnic diets to help you with your diverse clients/patients. Plus learn how to maximize your use of the Quick Links, to help you quickly find pages you use the most.

I am joined in my role as Editor-in-Chief by four remarkable individuals—Christina Biesemeier (Editor-in-Chief NCM®), Mary Rybicki (Editor-in-Chief NCM® Diet Manual), Charis Spielman (Editor-in-Chief NCM® Client Education Library), and Kate Davis (Editor-in-Chief SNCM®)—who work tirelessly with a respective Board of Editors to continue to bring to you, and clients/patients, updated resources.

Thank you for utilizing the NCM® products! We are always happy to hear from you, our subscribers, on ways to continue to enhance our manuals and assist you in your work and productivity.



Rolling Updates

The NCM® nutrition care sections and corresponding client education handouts will now be updated on a rolling basis instead of annually. This will provide the most up to date and evidence-based nutrition information as soon as it is finalized, which positively benefits you and your clients and patients.

We will keep you informed of updated nutrition care sections and corresponding client education handouts and you can also access the year-to-date [summary](#) anytime. Moving forward, we will include the update year on nutrition care sections and client education handouts.

IMPORTANT NOTE: The NCM® Diet Manual will continue to be updated on an annual basis. That way, you can continue the recommended [process](#) for annual diet manual review and implementation at your facility.

Be sure to check out our most recent updates:

NCM®

- 3 fully updated nutrition care sections for Inflammatory Bowel Disease: Crohn's, Ulcerative Colitis; Pancreatitis; and

Transgender Nutrition

- 15 updated and brand new client education handouts
- Complete refresh of the client education library (200 handouts) to reflect inclusive language

[Full NCM® Update Summary](#)

PNCM®

- 2 fully updated nutrition care sections with client education handouts for Full-Term Infants and Toddlers

[Full PNCM® Update Summary](#)

Quick Guides for Assessing Food/Nutrition and Culture

We have collaborated with the International Affiliate of the Academy of Nutrition and Dietetics to provide 4 Quick Guides for Assessing Food/Nutrition and Culture for **Ecuador, India, Philippines, and Saudi Arabia**. The guides will help you gather relevant nutrition-related information from clients/patients belonging to diverse ethnic backgrounds. More guides are in development.

Access guides for:

[NCM®](#)

[PNCM®](#)

[SNCM®](#)



Quick Links

Add Quick Links to your homepage that displays right after you log in for an easy way to access frequently used content. Quick Links allow you to go directly to bookmarked pages with one simple click. Your Quick Links display on the homepage right after you log in. To add a Quick Link, click the plus sign (+) on the top right side of the page.



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FREQUENT SEARCHES

01 COUMADIN	05 gastroparesis
02 low fiber	06 POTASSIUM
03 Vitamin	07 low sodium
04 vitamin k	08 heart

INFORMATION PANEL



About the Adult Nutrition Care Manual (NCM)



About the Pediatric Nutrition Care Manual (PNCM)



About the Sports Nutrition Care Manual (SNCM)



NCM Approval Form

QUICK LINKS

Equations

Example Crosswalk

Nutrition Intervention

New Quick Link

[View All Quick Links](#)

NEWS / UPDATES

2022 MAR

Free Webinars
Please view our webinars highlighting NCM® features and get your free CPE today!

2022 FEB

Read our Newsletter!
Winter 2022 Inside NCM®: Redesign Client Ed/Choose the Right Client Ed

2021 NOV

NUTRITION CARE MANUAL® CONTENT UPDATES ON NOVEMBER 10, 2021
We are pleased to announce the 2021 Nutrition Care Manual® updates. This

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