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Diet Manual

The following is an outline of topics available within the **Diet Manual**:

Diet Liberalization	Disaster Preparedness	Therapeutic and Texture Modified Diets
Diet Manual Implementation	Patient-Centered Dining	Guidance for Post-Acute Care Settings
Regulations	Planning A House/Regular Diet	
Ordering Diets in Your Health Care Facility		

Nutrition Care

The following is an outline of topics available within the **Nutrition Care Conditions sections** which include information for adults, older adults, and nutrition during the lifecycle:

Conditions

Anemia	Food Safety	Oncology
Behavioral Health	Gastrointestinal Disease	Organ Transplant
Burns	HIV/AIDS	Oral Health
Cardiovascular Disease	Hydration	Pulmonary
Critical Illness	Inborn Errors of Metabolism	Renal
Developmental Disabilities	Metabolic Syndrome	Reproduction
Diabetes Mellitus	Modified Consistency Diets	Surgical and Chronic Wounds
Drug-Nutrient Interactions	Musculoskeletal Conditions	Vegetarian Nutrition
Dysphagia	Neurological conditions	Weight Management
Food Allergies	Nutrition Support	

Nutrition Care (cont.)

Normal Nutrition

Aging and Nutrition	Lactation and Breastfeeding	Pregnancy
General Healthful Diet	Oral Health	Vegetarian Nutrition

Older Adult Nutrition

Geriatrics	Conditions	Swallowing/Nutritional Status
Background Information	Nutrition Care	Older Adult Nutrition References/Resources
Nutrition Screening	End of Life Nutrition	

Client Education Handouts

There are over 300 client education handouts and 200 Spanish translations in the NCM® Client Education library which provide essential client information on a variety of topics such as:

Addiction	Gastrointestinal Disease	Oncology
Amputations	General, Healthful Nutrition Therapy	Oral Health
Anemia	HIV/AIDS	Organ Transplant
Arthritis	Inborn Errors of Metabolism	Osteoporosis
Bariatric Surgery	Modified Consistency	Overweight & Obesity
Burns	Metabolic Syndrome	Pulmonary
Cardiovascular Disease	Mood Disorders	Renal
Diabetes	Neurological	Reproduction
Dysphagia	Nutrient Lists	Surgical and Chronic Wounds
Eating Disorders	Older Adults	Vegetarian Nutrition
Food Allergies		Weight Management

Calculators

The NCM® calculators are useful when performing a nutrition assessment or planning nutrition intervention. Quickly calculate BMI & weight range, body surface area, calorie needs with REE/EEE calculator, diabetes exchanges, metric converter, unit conversions, gestational age, pediatric growth, enteral nutrition solution nutrient composition, and renal diet needs.

Formulary

Formulary contains nutritional information for over 900 types of oral and tube feeding solutions. Quickly calculate enteral nutrition needs with the click of a button!

Resources

The following topics are available within **NCM® Resources**:

Dietary Guidelines for
Americans

Evidence Analysis Library

Energy Metabolism

Equations

ICD-10 Resources

Malnutrition Coding

Medical Nutrition Therapy

Nutrition Care Proces

Nutrition Screening

Religious, Cultural and Ethnic
Considerations

Find out more about NCM at www.nutritioncaremanual.org
or call 800/877-1600 ext. 5000.