



## NCM® NEWS BITES SPRING 2021

### NCM® User Tips

Did you know that NCM® has a Cultural Food Practices section in the [Resources](#) section?

- This section includes food practices and food dictionaries related to 25 different cultures.
- Use these resources along with the blank sample menu available in the client education handouts to provide an individualized menu for your clients.
- To access Cultural Food Practices, select Resources in the blue horizontal menu bar and then Cultural Food Practices via the left-hand grey navigation.
- The Academy also has several Eat Right handouts available in Arabic, Chinese, Filipino, Hindi, and Spanish. Please click [here](#) to access translated handouts.

### Utilize the Dietitian Contact Designation

You can now designate existing users or add new users as dietitian contacts within the contacts page of the admin menu. This designation will include them on NCM® emails as well as renewal notice reminders.

### NCM® Updates

#### Full NCM® Transition to IDDSI Framework by October 2021.

It is imperative that all health care providers globally implement IDDSI, both to ensure patient safety and to maintain current standards of practice. The Academy of Nutrition and Dietetics is pleased to announce that beginning October 2021, IDDSI will be the only texture-modified diet recognized. The National Dysphagia Diet (NDD) and associated resources will no longer be included in the NCM® after October 2021. Read the full statement [here](#).

Don't worry— the NCM® Diet Manual has the resources you need for your IDDSI implementation. To start, check out the [Transitioning Texture-Modified Diet Terminology and Definitions](#) to the IDDSI Framework section of the NCM® Diet Manual.

### BOE Corner

#### Meet the [Board of Editors](#).

These content experts have been appointed for a 3-year term and will assist in the annual content updates for NCM®. Members of the NCM® BOE were selected for their stature in the field of dietetics, their experience providing evidence-based care while using the Nutrition Care Process, their own clinical nutrition publication portfolios, a thorough understanding of evidence-based nutrition care, an appreciation for the application of the science of dietetics, and expertise in one or more specific areas of dietetics practice.